



SURGICAL SKILLS LOGBOOK

2021/2022

PROPERTY OF:

TRAINING LEVEL:

INTRODUCTION

Dear SurgSoc members,

We are glad that you've decided to join our vivacious society this year and are looking forward to welcoming you at our in-person events.

This skills logbook has been a proposed idea within the society for a while and we are excited to finally introduce it to you. This logbook has been curated in line with the national surgical education curriculum from The Royal College of Surgeons, England and will serve as a great addition to your portfolio when you apply for core training.

Kindly stay up to date with our social media posts and announcements for details on upcoming skills sessions. You will have plenty of opportunities to complete this logbook (and more)!

We hope you enjoy your year as a NUSS member!

Best Wishes,
The NUSS Committee 21/22

GUIDE

1. Make sure to print a copy of this logbook and bring it along when you attend NUSS skills sessions.

2. All signatures required from the supervisor must be obtained during the session.

3. Levels of supervision:

Observed - student just watches the task been performed

Direct - supervisor oversees and/or helps with the task

Indirect - supervisor trusts the student can carry out the task unsupervised..

| Skills | Learning outcome | Date of skills session attendance | Competency achieved during session (Observed/ Direct/ Indirect) | Supervisor Name/Designation | Competency Achieved outside of session (Observed/ Direct/ Indirect) | Supervisor Name/Designation |
|--|--|--|--|--|--|--|
| <i>Use of Local anaesthetics</i> | <p>Safe use of drugs that produce numbness and prevent pain, either applied directly to the skin or injected into skin or body tissues.</p> <p>Awareness of toxic doses.</p> <p>Ability to deal with anaphylaxis.</p> <p>Understanding of allergy, including to latex.</p> | | | | | |
| <i>Wound care and basic wound dressing</i> | <p>Providing basic care of surgical or traumatic wounds and applying dressings appropriately.</p> | | | | | |
| <i>Hand washing + Surgical scrub up</i> | <p>Following a sequence to ensure clean hands and gloving without contamination</p> | | | | | |
| <i>Use of PPE</i> | <p>Following a sequence to fit mask, scrub, gown and gloves without contamination.</p> <p>Behaviour while using equipment.</p> <p>Appropriate doffing procedures to avoid contamination of self or environment.</p> | | | | | |

| <i>Skills</i> | <i>Date of skills session attendance</i> | <i>Competency achieved during session</i> <i>(Observed/ Direct/ Indirect)</i> | <i>Supervisor</i> <i>Name/Designation</i> | <i>Competency Achieved outside of session</i> <i>(Observed/ Direct/ Indirect)</i> | <i>Supervisor</i> <i>Name/Designation</i> |
|---|--|--|--|--|--|
| <i>Interrupted suture</i> | | | | | |
| <i>Continuous suture</i> | | | | | |
| <i>Vertical Mattress</i> | | | | | |
| <i>Horizontal Mattress</i> | | | | | |
| <i>Hand knot tying</i> | | | | | |
| <i>Instrument tie</i> | | | | | |
| <i>Surgical Reef knots</i> | | | | | |
| <i>Aberdeen knot</i> | | | | | |
| <i>Tying at depth</i> | | | | | |
| <i>Abscess drainage</i> | | | | | |
| <i>Wound debridement of contaminated wounds</i> | | | | | |